

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
PRIVATE TRAININGS AVAILABLE	FITNESS & KICKBOXING INDOOR 9:30-10:30 AM	PRIVATE TRAININGS AVAILABLE	FITNESS & KICKBOXING INDOOR 9:30-10:30 AM	PRIVATE TRAININGS AVAILABLE	FITNESS & KICKBOXING INDOOR 10:00-11:00 AM	FITNESS & KICKBOXING INDOOR 9:00-10:00 AM
PRIVATE TRAININGS AVAILABLE	LITTLE DRAGONS INDOOR 3:15-3:45 PM	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	LITTLE DRAGONS INDOOR/OUTDOOR 10:15-10:50 AM
LITTLE DRAGONS BEGINNERS OUTDOOR/INDOOR 4:15-4:50	LITTLE DRAGONS INDOOR 4:30-5:05 PM	LITTLE DRAGONS BEGINNERS OUTDOOR 4:15-4:50	LITTLE DRAGONS INDOOR 4:30-5:05 PM	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	LITTLE DRAGONS INDOOR 11:00-11:35 AM
LITTLE DRAGONS INTERMEDIATE OUTDOOR/INDOOR 4:55-5:30 PM	DRAGONS DEN INDOOR 5:15-6:10 PM	DRAGONS DEN OUTDOOR 4:55-5:50 PM	DRAGONS DEN INDOOR 5:15-6:10 PM	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	DRAGONS DEN INDOOR 11:45-12:40 PM
DRAGONS DEN OUTDOOR/INDOOR 5:35-6:30 PM	TEEN & ADULT / ADVANCED KARATE INDOOR 6:20-7:20 PM	LITTLE DRAGONS INTERMEDIATE OUTDOOR 5:55-6:30 PM	TEEN & ADULT / ADVANCED KARATE INDOOR 6:20-7:20 PM	PRIVATE TRAININGS AVAILABLE	PRIVATE TRAININGS AVAILABLE	TEEN & ADULT / ADVANCED KARATE INDOOR 12:50-1:50 PM
FITNESS & KICKBOXING OUTDOOR/INDOOR 6:30-7:30 PM	FITNESS & KICKBOXING INDOOR 7:30-8:30 PM	FITNESS & KICKBOXING OUTDOOR 6:30-7:30 PM	FITNESS & KICKBOXING INDOOR 7:30-8:30 PM	COMPETITION TEAM TRAINING 6:00-7:30 PM	PRIVATE TRAININGS AVAILABLE	BOOK YOUR UNFORGETTABLE BIRTHDAY PARTY WITH A+ MARTIAL ARTS TODAY

A+ MARTIAL ARTS: SEPTEMBER 1ST- OCTOBER 15TH SCHEDULE